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| 1: A football player on your high school team has just completed a tackle on the running back; however, after the tackle, he does not get up and appears to be unconscious. You run out onto the field and when you get there the athlete is lying still, and is apparently regaining consciousness and is able to converse with you. You ask him if he recalls being knocked out and he says that he thinks he was. Assuming he has suffered a concussion, what steps will you take to properly remove him from the field? |
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| 2: You are working as an athletic trainer at a high school basketball tournament and a player is jabbed in the eye with a finger while attempting an offensive rebound. He struggles to the bench covering his injured eye with his hands. You reach him and ask that he allow you to examine his eye. He reports that he can see with the eye but that his vision is extremely blurry and that it is very painful. In addition, you note there appears to be blood in the anterior chamber of the eye. What do you conclude based on these signs/symptoms and injury history and what is the appropriate first aid for this injury, if any? |
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| 3: A wrestler comes to you before practice after suffering a concussion a week ago. Through management and rest the past week, the athlete's signs and symptoms have reportedly resolved. What steps do you take to progress him back to wrestling practice? |
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| 4: You are observing soccer practice when suddenly a wing player collides with the goalie while attempting to kick a goal. On your arrival at the scene, the goalie appears to be okay; however, the other player is conscious but confused and unable to remember the current score or the team she is playing against. What type of injury has probably occurred given this history and these symptoms? |
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| 5: You are confronted with a situation during a tackle football game in which a player is apparently knocked unconscious during a play. When you arrive at the scene, the player is lying facedown and is not moving. What would you do to ascertain the athlete’s level of injury? What would you not do, and why? |
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| 6: You are asked to provide first aid care to a high school basketball player who just received a blow to his mouth from an opponent’s elbow. She notes that two teeth have been completely knocked out of their sockets. The teeth were recovered by the athlete and are in her hand. What would you do for this athlete? What would change if the teeth were avulsed but still in the sockets? |